



Lucky Rani

Karimganj, Assam

“Mobile Academy gave me the confidence to counsel pregnant women and mothers.”

Lucky Rani, an ASHA (frontline health worker) from Karimganj, Assam, not only found the Mobile Academy course helpful to refresh her knowledge on maternal and child care, but she feels that it has improved her confidence in counseling pregnant women and new mothers to follow healthy practices.

Rani says, "Dr. Anita, a character from the course, explained everything in the local language which made it easier for me to understand the information. The lessons on childbirth, new born care, breastfeeding, infections in children, hygiene and open defecation were especially useful as most women need help in these areas." She goes on to add, "The lesson on family planning especially caught my attention and I discuss this with all new mothers."

Rani often faced network issues in the village, but she found Mobile Academy so interesting that she would travel a little outside the village to access the course and complete the lessons. "The course is easy to access as the lessons are audio-based, so I could do it from a basic phone too," she says.

Mobile Academy is a maternal and child health training course designed to refresh ASHA's (frontline health workers) knowledge of life-saving preventative health behaviors.