



### **Mayawati Devi**

**Katihar District, Bihar**

***“The best thing about the Mobile Academy course is that I can do it as per my convenience.”***

Mayawati Devi from Katihar District, Bihar, has been working as an ASHA (frontline health worker) for the last 15 years. She took up the Mobile Academy course to refresh her knowledge on maternal and child care, and to better understand life-saving preventative health behaviour.

Mayawati feels motivated after completing the course. She says, “I found the course very useful as what I learnt helps me in guiding pregnant women and mothers and clear their doubts well. My understanding of breastfeeding and immunization is good because of the course, and I am able to explain it to new mothers well. The course is very engrossing and the best thing about it is that I could do it as per my convenience. I feel confident while interacting with pregnant women and mothers, thanks to the Mobile Academy course.”

She found the course engaging and especially enjoyed the quiz at the end of the chapters. She even encourages other ASHAs to complete the course.

*Mobile Academy is a maternal and child health training course designed to refresh ASHA’s (frontline health workers) knowledge of life-saving preventative health behaviors.*